



RHONDDA CYNON TAF COUNTY BOROUGH COUNCIL

CHILDREN & YOUNG PEOPLE SCRUTINY COMMITTEE 13.01.21

**REPORT OF THE GROUP DIRECTOR OF
COMMUNITY AND CHILDREN'S SERVICES**

Cwm Taf Morgannwg CAMHS Update 2020/2021

1. PURPOSE OF THE REPORT

- 1.1 The purpose of this report is to provide Information to the Children and Young People Scrutiny Committee about the work carried out by Cwm Taf Morgannwg Child and Adolescent Mental Health (CAMHS) in transforming the children and young people's mental health care across the County Borough.

2. RECOMMENDATIONS

It is recommended that Members:

- (i) Consider the contents of the presentation
- (ii) Review and comment on the work carried out by Cwm Taf Morgannwg (CAMHS) in the community and schools
- (iii) Acknowledge the challenges faced by young people who need CAMHS services and the adjustments made by the service throughout the Covid-19 Pandemic

3. BACKGROUND

3.1 The purpose of this presentation is to inform the Children and Young People's Scrutiny Committee about the work that has been carried out by the Cwm Taf Morgannwg (CAMHS) over the last twelve months.

3.2 The presentation attached at Appendix 1 includes as follows:

- Overview of CAMHS in Cwm Taf Morgannwg;
- New Investments
- Key Improvements – Early intervention
- Key Improvements – Waiting Time
- Key Improvements – Covid
- Key Improvements – CAHMS
- Future Vision and Plans

3.3 The Service Manager for CAMHS Ms K Burton will be in attendance to deliver the report and respond to Members' questions along with Officer from Children's Services and Education.



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Cwm Taf Morgannwg CAMHS update

March 2021



CAMHS in CTM

Single Point of Access (SPOA)

Primary CAMHS (PCAMHS)

Specialist CAMHS (SCAMHS)

Crisis Team (9am – 9pm, 7 days)

Community Intensive Therapy Team (CITT)

First Episode Psychosis (FEP)

Young People's Drug & Alcohol Service (YPDAS)

Clinical staff - Consultants, Speciality Doctors, Trainee Doctors, Psychologists, Therapists, Family Therapists, Nurses, Social Workers, Specialist Pharmacist, Dietician, Admin staff



New investments

WG funding -

Eating disorder service

Crisis and unscheduled care pathways

ICF funding -

Emotional wellbeing service

Key improvements – Early intervention

New management team in place

Renewed focus on joint working opportunities and building relationships with partner agencies

Building wellbeing and emotional wellbeing services – ICF posts and Kooth (www.Kooth.com)

Key improvements - Waiting times

Demand reduced at the start of Covid and has rapidly increased since September, with further increases expected.

PCAMHS

April 2019 362 children & young people waiting

Longest wait 29 weeks

February 2021 51 children & young people waiting (reducing)

Average wait of 3 weeks

SCAMHS

November 2020 326 children & young people waiting

February 2021 120 children & young people waiting (reducing)

Average wait of 3 weeks

Key improvements - Covid

Maintained CAMH service throughout Covid

Ongoing provision of face to face Crisis services 7 days a week

Use of "Attend Anywhere" online service provision

Ensured face to face support in safe environments

Committed and caring workforce

Key improvements - CAMHS

Service redesign to improve patient experience – right place, right time.

Single Point of Access – All referrals & consultation & advice with CAMHS professionals.

Staff moved into multi-disciplinary locality teams - (merging primary and secondary CAMHS)

Detailed demand & capacity work undertaken with modelling in place – significant reduction in waiting times

Future vision and plans

Expected increase in demand due to Covid – numbers, acuity and changes to demographic (inc eating disorders)

Embedding new models and pathways

Need for rapid response & flexibility over next 12-24 months

Creating opportunities within the Health Board & with our partner agencies – CAMHS is not an island

“Nothing about us without us” – meaningful engagement with children & young people



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Any questions?